



OXI

BY

AnyósPark
The Mountain Et Wellness Resort

T R E A T M E N T S M E N U



FACIALS

Swiss revitalising anti-age cell facial

A luxurious, personalised, and intensive cellular treatment that **moisturises and nourishes the skin, reduces the appearance of wrinkles** and restores radiance and glow to dull skin. Suitable for mature and devitalised skin

min price

75' €138

Swiss deluxe intensive elasto collagen

A luxurious cellular treatment specifically targeted at **providing firmness and elasticity** to the skin. Based on supporting the supply of collagen and elastin.

75' €101

Swiss executive intensive elasto collagen

A luxurious cellular treatment especially for men that **moisturises, revitalises and plumps wrinkles**.

75' €91

Arômes Natur deep cleansing customised

Traditional steam-free skin cleansing, using the effects of marine mud to **deeply cleanse the pores**.

50' €80

Arômes Natur revival C antiox radiance

A facial treatment based on acerola with a high vitamin C content. Vitamin C fights the free radicals and oxidation **that cause cellular ageing**.

50' €80

Arômes Natur special detox drainage

A detoxifying facial treatment that **promotes lymphatic circulation**. Recommended for those with fluid retention, under-eye circles or many impurities in the skin.

50' €80

Arômes Natur exquisite miracle targeted eye-contour treatment

A treatment specifically for the eye contour that **softens wrinkles, bags and dark circles**, bringing luminosity and brightness to the eyes.

50' €75

Arômes Natur facial treatment with Indiba

A radiofrequency treatment that **stimulates the production of fibroblasts, collagen and elastin** to naturally regenerate the skin from within.

50' €80

Dermapen with hyaluronic acid

A mesotherapy treatment using micropunctures to stimulate the production of collagen and elastin, plus intensive hydration with hyaluronic acid to achieve a skin lifting effect.

50' €80



FACIALS

Photorejuvenation facial

Removes blemishes and superficial marks on the skin through the use of intense pulsed light. Also suitable for smoothing scars and acne marks.

min price

50' €80

BODY TREATMENTS

Arômes Natur anti-cellulite sculpt with wood therapy

An anti-cellulite treatment with **fat-reducing** active ingredients and an intense massage with wood therapy. The complete programme enables a reduction of up to 1.4 cm in two weeks.

min price

50' €80

Arômes Natur belly reducer abdominal

An intensive abdominal circumference slimming treatment with active slimming and draining ingredients to achieve a flatter and more defined midriff.

50' €80

Glute firm Up

A treatment with firming and tightening phytoactives that combats flaccidity, **firms the skin, moisturises and provides elasticity to enhance the silhouette.**

50' €80

Body detox

A detoxifying body treatment recommended for **removing excess fluid and cleansing the body of impurities** prior to any treatment.

50' €80

Body peeling

Body exfoliation with laminaria seaweed salt and organic oils that **eliminates dead cells and brings moisture and radiance to the skin.**

25' €40

Moisturising face and body ritual

A comprehensive beauty ritual with Bulgarian rose that includes a **moisturising body massage, peel and wrap** with a complete facial massage including cleansing, mask and moisturising.

75' €100



THERAPEUTIC MASSAGES

Releasing massage

A deep tissue massage focused on releasing the muscles and breaking up knots caused by stress, poor posture or a sedentary lifestyle.

min	price
25'	€45
50'	€80

Neck and back release with Indiba

A tension relieving massage combined with the effect of radiofrequency that will stimulate the circulation in deep tissue, reducing inflammation and releasing knots.

50'	€80
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Pain treatment with therapeutic muds

A treatment that combines a tension relieving massage with the application of a natural medicine poultice containing ginger and arnica that reduces inflammation and soothes painful areas.

50'	€80
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Sports massage

A post-workout massage that aids recovery and brings relaxation to muscles through a combination of stretching, lymphatic drainage and circulatory massage.

25'	€45
50'	€80

Manual lymphatic drainage

A gentle massage technique that promotes lymph circulation and reduces oedema.

25'	€45
50'	€80

RELAXING MASSAGES

Relaxing massage with essential oils

A slow and deep massage combining music, aromatherapy and light to create a soothing state of calm.

min	price
25'	€40
50'	€70
75'	€100

Hindu ritual with lavender pindas

A massage based on the Eastern philosophy of pressure points which is performed using lavender-infused pindas to achieve a state of total relaxation.

50'	€80
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RELAXING MESSAGES

Craniocervical massage

A shoulder, neck, head and face massage that releases all the day-to-day stress that can cause headaches and tension at the base of the skull.

min price

25' €45

Foot massage

A massage that focuses on pressure points that are connected to nerve endings throughout the body to achieve instant relaxation.

25' €45

Chocolate massage for children

A relaxing massage for little ones using organic cocoa butter. Special care is taken to respect the wellbeing and comfort of the child. For ages 4 to 14 years.

25' €45

Pregnancy massage

A relaxing massage for women who are at least three months pregnant or breastfeeding. An organic lavender oil suitable for this stage is used.

25' €45
50' €70

INDIBA

INDIBA is the market leader for radiofrequency treatments that accelerate the body's natural recovery and restore vitality. Cells are regenerated from within, activating the synthesis of collagen and elastin.

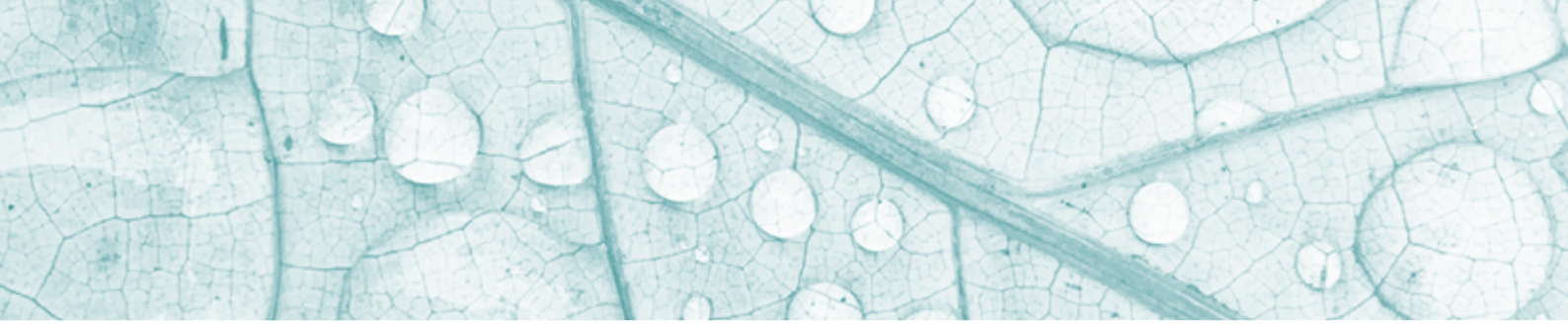
Indiba 20' - €30 / Indiba 40' - €50 / Indiba 30' - €39 / Indiba 50' - €59

Special discounts depending on the session voucher.

BODY SLIM

HIFEM electromagnetic technology that contracts and extends the muscle to perform passive training that produces and allows for an increase in muscle volume and density.

Body Slim 30' - €40 / Special discounts depending on the session voucher.



HANDS AND FEET

Basic manicure without nail polish

Nail filing, cuticle removal and moisturising massage.

€15

Basic pedicure without nail polish

Nail filing, cuticle removal, callus reduction and moisturising massage.

€20

Traditional polish

Filing, cuticle pushing and polish.

€20

Semi-permanent polish

Filing and polish.

€25

Semi-permanent complete removal

Removal, filing, cuticle pushing and treatment polish.

€15

Full traditional manicure

Nail filing, cuticle removal, polish and moisturising massage.

€30

Full semi-permanent manicure

Nail filing, cuticle removal, semi-permanent polish and moisturising massage.

€35

Full traditional pedicure

Nail filing, cuticle removal, callus reduction, polish and moisturising massage.

€35

Full semi-permanent pedicure

Nail filing, cuticle removal, callus reduction, semi-permanent polish and moisturising massage.

€40

Nails with Acrygel builder gel

from €45

Nail maintenance with Acrygel builder gel

€35

Nail repair with Acrygel builder gel

€3,50

Strengthening manicure for natural nails with nail polish

€30

*Semi-permanent polish removal supplement.

€5

** Some prices may vary depending on the extras chosen by the client.

*** Semi-permanent services come with a 5-day guarantee.

BROWS AND LASHES

Eyelash perm	€30
Eyebrow and eyelash tinting	€15
Eyelash lifting	€30

TRADITIONAL HAIR REMOVAL

Eyebrows	€9	Glutes	€10
Upper lip	€8	Full legs	€30
Chin	€8	Half legs	€18
Nose	€8	Full arms	€19
Underarms	€12	Half arms	€12
Bikini wax	€14	Back	€20
Semi-complete	€16	Torso	€25
Complete	€19	Chest	€22
Perianal	€8		

*Check the discounts applied based on the number of areas.

IPL SHR PERMANENT HAIR REMOVAL

IPL SHR mini

Linea alba, sideburns, areolae, feet, chin and upper lip.

€29

IPL SHR small

Underarms, abdomen, bikini line, neck, lower back, face, glutes and beard.

€45

IPL SHR medium

Half legs, semi-complete genitalia, half arms, chest and upper back.

€68

IPL SHR large

Full legs, full arms, torso, back and full genitalia.

€85

*Check the discounts applied based on the number of areas.

PACKS

Indiba + hair treatment

5 sessions | 10 sessions

20-min prevention and maintenance pack

€113

€213

30-min balding treatment pack

€154

€289

30-min hair loss treatment pack

€154

€289

HAIRDRESSING MENU

CUTTING AND STYLING

Women's wash and styling	€30
Girl's haircut	€16
Men's wash and cut	€20
Wash, cut and style	€40

ORGANIC TREATMENTS

Organic straightening	from €120
Luxury treatment	€65

COLOUR

Basic colour	€35
Highlights	€70
Colour bath	€35
Tint	€20

*These services do not include washing and styling.

*Some prices may change based on the length of the hair.



BOOKINGS AND CONTACT DETAILS

Guests of the AnyósPark Hotel and Aparthotel have free access to the gym and Spa with advance booking. During the school term, access to the Spa is restricted from Monday to Thursday from 5 p.m. to 7 p.m. Access is not permitted for children under 18 years of age from 9 p.m. to 10 p.m. We recommend booking your treatments in advance for a seamless experience.

You can contact us via:

☎ Phone +376 73 76 73

☎ WhatsApp +376 63 76 73

☎ extension 3012

✉ E-mail oxi@anyospark.com

REQUIREMENTS FOR YOUR VISIT AND STAY

Sports clothing and footwear must be worn in the gym area. Swimwear, flip-flops and a bathing cap are compulsory in the spa. We advise you not to bring jewellery or valuables, as the spa will not be held responsible for them. Towels and lockers for clothes and accessories will be provided at the spa reception.

ARRIVAL

Treatments will begin and end at the scheduled time. We therefore ask that you arrive ten minutes before your booking time so that we can assist you at reception and prepare your experience. If you arrive later than the scheduled time, we will have to reduce the treatment time and charge the full price.

CANCELLATION POLICY

Treatment cancellations will be free of charge provided that the Spa is notified at least 24 hours in advance via any of the contact methods provided. Failure to do so, or a no-show, will result in a 50% charge for the booked treatment.



DURING THE TREATMENT

Sexual harassment and inappropriate behaviour will not be tolerated. If this does occur, the treatment will be immediately discontinued.

HEALTH CONDITIONS

It is important that you inform reception or your therapist of any health or medical condition that you may have and that may require special attention prior to starting treatment.

PREGNANCY OR BREASTFEEDING

You must inform reception at the time of booking if you are pregnant or breastfeeding. We do not perform treatments during the first three months of pregnancy due to the inherent risks. Special treatments are available in these cases which are totally compatible with pregnancy and breastfeeding.

MINORS

Access to the Spa and the Anyós Club gym is not permitted for unaccompanied minors under 16 years of age. You must inform us when making the booking if you are bringing a baby in nappies so that we can make a reservation in the special water area.

Minors under 14 years of age can also enjoy a special massage treatment. Children will be fully covered during the treatment and only the area being treated will be uncovered. All underwear will be kept on and a distance that is comfortable and prudent for the child will be maintained during the massage. Our therapists will ensure the total comfort of their experience.



LOSS OR DAMAGE OF PERSONAL BELONGINGS

Anyós Park Club is not responsible for any theft or loss within its facilities, or for any damage caused to clothing or personal belongings. We advise you to leave your valuables in your room. Disposable underwear will be provided in the treatment area so as not to tarnish your own.

USE OF THE HYDROTHERAPY CIRCUIT

You cannot make use of our hydrotherapy **circuit in any of the following circumstances:**

- High-risk pregnancy
- Severe hypertension
- Infectious skin disease
- Malignant tumours undergoing treatment
- Cardiovascular disorders without medical consent
- Ear infections
- Phlebitis
- Conjunctivitis
- State of malnutrition: anorexia, anaemia
- Bromine allergy
- Fever
- If you feel unwell at any moment, leave the water and inform our lifeguard
- Use of saunas

You may not use the Swedish **sauna and hammam in the following circumstances:**

- Severe arterial hypertension
- Arterial hypotension
- Cardiovascular diseases
- Fever
- Epilepsy
- Anorexia
- Renal colic
- Severe bronchial conditions
- Pregnancy
- Communicable infectious diseases
- If you feel unwell at any moment, leave the sauna and inform our lifeguard